Rhode Island DISABILITY FACTS in 2003

An Update of the "Rhode Island Disability Chartbook" with the 2003 Rhode Island BRFSS data

November 2004

Nearly one in four RI non-institutionalized adults (24.3%; an estimated 188,000 adults) had experienced some kind of disability because of any impairment or health problem (Figure 1).

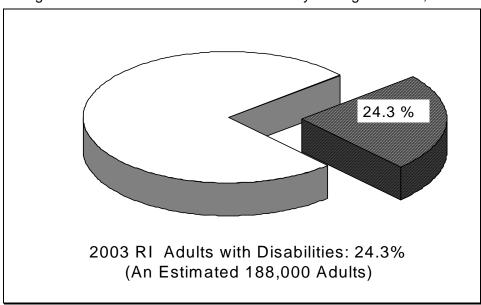


Figure 1. Estimated Prevalence of Disability among RI Adults, 2003

Data Source:

This brief update presents the results from an analysis of the 2003 Rhode Island Behavioral Risk Factor Surveillance System (RIBRFSS) survey data. The RIBRFSS, sponsored by the Centers for Disease Control and Prevention (CDC), is an ongoing, statewide, random-digit-dialed telephone survey of the noninstitutionalized RI adults aged 18 and older to monitor the prevalence of key health- and safety-related behaviors. The 2003 RIBRFSS survey consisted of 4,053 telephone interviews with extensive information on disability/quality of life.

Case Definition of Disability:

Persons who answered "yes" to any of the following questions were defined as having a disability:

- Are you limited in any way in any activities because of physical, mental, or emotional problems? (18.0%)
- Do you now have any health problem that requires you to use special equipment, such as a cane, a wheelchair, a special bed, or a special telephone? (5.1%)
- Because of any impairment or health problem, do you have any trouble learning, remembering, or concentrating? (10.5%)

Major Health Problem

The most frequently reported impairments or health problems were: arthritis/rheumatism (17.3%), back/neck problems (12.0%), depression/anxiety (10.9%), fractures (6.9%), lung/breading problems (6.4%), and heart problems (5.0%) (Figure 2).

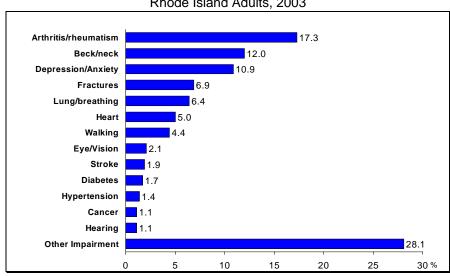


Figure 2. Major Impairment or Health Problem Limiting Activities* Rhode Island Adults, 2003

Note: Hearing problems might be under-represented because of telephone interviews.

Employment Status

❖ Among working age adults (21-64 years of age), 52.3% of people with disabilities were either employed for wage or self-employed, compared to 82.2% of people without disabilities (Figure 3).

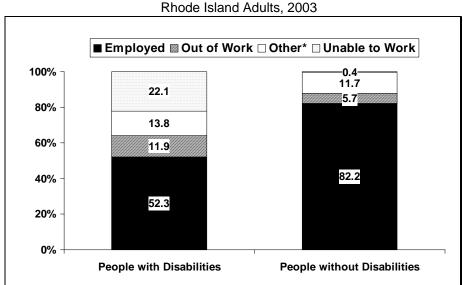


Figure 3. Employment Status of Working Age Adults (21-64) by Disability Status

Rhode Island Adults 2003

^{*} Among those who were classified as having a disability.

^{*} Other includes home makers, students, and the retired.

Comparison of Health Risks

* Health Status

People with disabilities were much more likely than people without disabilities to report **poor general health** (34.7% vs. 6.7%), **poor physical health** (27.8% vs. 3.8%), and **poor mental health** (24.6% vs.5.5%) (Figure 4).

Emotional Support/Life Satisfaction

People with disabilities were more likely to report that they got **insufficient emotional support** (34.2% vs. 18.7%) and were **dissatisfied with life** (19.5% vs. 4.1%).

Unmet Need for Medical Care

People with disabilities were more likely to report that there was a time during the past year they **could not see a doctor** because of the cost (16.8% vs. 7.6%).

❖ Behavioral Risks

People with disabilities were more likely to be **current smokers** (30.5% vs. 21.0%), and more likely to be **overweight** (59.5% vs. 53.1%).

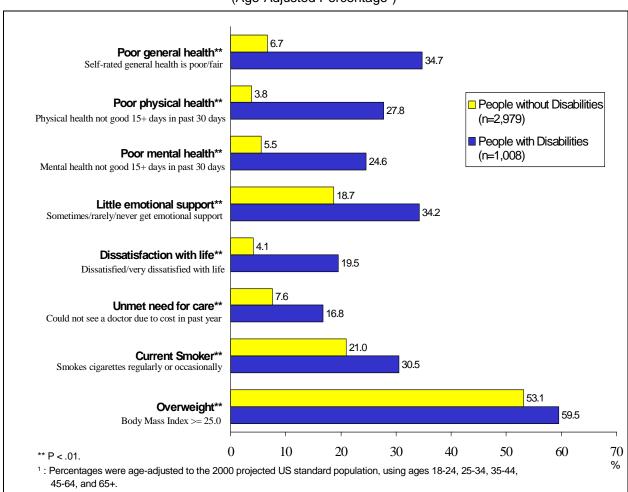


Figure 4. Comparison of Health Risks by Disability Status Rhode Island Adults, 2003 (Age-Adjusted Percentage¹)

Socio-Demographic Characteristics

❖ The prevalence of disability was higher among the elderly, minorities, persons with less education and persons with lower incomes than their counterparts (Table 1).

Table 1. Estimated Prevalence of Disability by Socio-Demographic Characteristics
Rhode Island Adults, 2003
(in percentages, with 95% confidence interval limits)

| | Unadjusted Percent | Age-Adjusted Percent ¹ |
|--|--|--|
| All Persons | 24.3 <u>+</u> 1.6 | 23.7 <u>+</u> 1.6 |
| Age 18-44 45-64 65-74 75 or Older | 17.8 ± 2.3 27.3 ± 2.7 29.0 ± 4.9 41.4 ± 5.6 | - - - - |
| Gender Male Female | 22.1 <u>+</u> 2.4 26.3 <u>+</u> 2.1 | 22.1 <u>+</u> 2.3 25.1 <u>+</u> 2.1 |
| Race/Ethnicity White, non-Hispanic non-White or Hispanic | 23.8 ± 1.7 25.2 ± 4.7 | 23.0 <u>+</u> 1.7 29.7 <u>+</u> 4.8 |
| Education (25+ years) Less than H.S. H.S. Graduate/GED Some College College Graduate | 40.0 ± 5.6 26.0 ± 3.0 25.7 ± 3.3 19.3 ± 2.5 | 39.9 ± 6.2 24.8 ± 3.0 25.3 ± 3.2 19.8 ± 2.6 |
| Household Income <\$15,000 \$15,000-\$24,999 \$25,000-\$49,999 >=\$50,000 | 41.5 ± 6.2 31.9 ± 4.8 25.6 ± 3.1 15.3 ± 2.2 | 46.6 ± 5.8 32.6 ± 5.1 25.2 ± 3.1 17.5 ± 2.9 |

Percentages were age-adjusted to the 2000 US standard population, using ages 18-24, 25-34. 35-44, 45-64. and 65+.

Rhode Island Disability and Health Program: http://www.health.ri.gov/family/disability

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This publication series will provide a foundation for developing policies/programs to promote the health and wellness of people with disabilities.